



PHYSICAL EDUCATION IN THE CZECH REPUBLIC

1. GENERAL ASPECTS OF PE IN THE NATIONAL SCHOOL SYSTEM

- Primary level (compulsory; ISCED 1-2) – 6-15 year
 - ISCED 1 – 6-10 year: two PE lessons per week (Schoolmasters have two available lessons and they can decide what will be the lessons for)
 - coeducational PE lessons taught by class teachers
 - ISCED 0 – 11-15 year: two PE lessons per week (in some schools three lessons depending on the schoolmaster)
 - Single-sex PE lessons taught by specialist (PE teachers)
- Secondary level (ISCED 3) – 15-18 year
 - Two PE lessons per week
 - Single-sex PE lessons taught by specialist (PE teachers)

2. AIMS/OBJECTIVES AND TEACHING CONCEPTS OF PE

a) Background of PE curriculum

- Main documents – issued by Ministry of Education, Youth and Sport:
 - School law
 - Law for pedagogical staff
- Curriculum documents (under the school law):
 - Education Framework Programme (EFP)(national level)
 - For ISCED 0-3 level of schools
 - School Education Programme (school level – schoolmaster of each school is responsible for this document; it is based on EFP and modified according to each school environment)
- National body – prepares educational concepts and makes necessary reconstruction of Education Framework Programme:
 - National Institute for Education (Prague)

B) MAIN GENERAL OBJECTIVES + CATEGORIES

- ACTIVITIES AFFECTING HEALTH
 - E.g. safety, development of physical skills, movement within healthy lifestyle, healthy oriented exercises, sanitary...
- ACTIVITIES AFFECTING THE LEVEL OF PHYSICAL SKILLS
 - E.g. movement games, gymnastice, rythmic exercises, martial art, athletics, sport games, swimming, skiing, staying outdoor...
- ACTIVITIES ENCOURAGING THE LEARNING OF EXERCISE ACTIVITIES
 - E.g. communication, organisation, fair play, rules, measurement and assessment of physical skills, sources of information about physical activities...

C) CONTENT OF PE

- Sport games (football, volleyball, basketball, floorball...)
- Gymnastics
- Athletics
- Movement games (small games)
- Occasionally – swimming course (2-3 grade), skiing course (7 and 10 grade), various sport courses (eg. cycling, hiking)



D) CONCEPT

- No specific concept is stated
- It depends very much on the personality of PE teacher



3. CHALLENGES/URGENT PROBLEMS OF PE

- PE does not have national strategy
- PE is based on the approach of the PE teacher
- PE in elementary school should be taught by specialist (e.g. In some schools it exists but it depends on the school management)
- Physical activities should be implemented also in other subjects
- SOME pupils are excused from PE lessons, either partly or completely
- ...



PETE – PHYSICAL EDUCATION TEACHERS EDUCATION

- ISCED 0 – general preschool teachers
- ISCED 1 – general teachers (PE is sometimes not a priority)
- ISCED 2 and 3 – PE teachers must graduate from Master study programme (Bc. – 3 years + Mgr. – 2 years of study)
 - They study two-subjects (PE + another subject) or can be specialised in Physical Education and Sport programme
 - They have two teaching practises either in primary or in secondary school they choose; three-week and four-week blocks.

