

Physical Education in Scotland

2018

General aspects of PE in the national school system:

- ▶ Curriculum for Excellence (CfE) (3–18 years)
- ▶ Broad General Education (BGE) (3–15 years)
- ▶ Senior Phase (16–18 years)
- ▶ 2 hours in primary school (5–11 years)
- ▶ 2 x 50/55 minute periods in secondary school (12–16 years)
- ▶ Senior Phase secondary at discretion of Head Teacher
- ▶ See www.education.gov.scot for more details

Aims/objectives and teaching concepts of PE:

- ▶ Physical Education sits within Health & wellbeing
- ▶ BGE Benchmarks for Early Level, First Level, Second Level, Third Level
- ▶ 4 areas: Physical Fitness, Physical Competences, Cognitive Skills & Personal Qualities are embedded within Benchmarks
- ▶ Experiences & Outcomes: Movement Skills, Competences & Concepts, Cooperation & Competition, Evaluating & Appreciating. These enable teachers to provide a range of contexts suited to the needs of the learner
- ▶ See www.education.gov.scot for more details

What challenges/urgent problems does PE face in Scotland?

- ▶ Continued professional development from ITE onward
 - ▶ Pressure of balancing BGE and Senior Phase
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