



European Physical Education Association

# The minimum curriculum standard for PE: what do we have in each country, what do we wish for Europe?

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## EUPEA Survey

The aim was to know the professional point of view on:

- a) what's going on in each country concerning PE and SS curricular development?
- b) what kind of harmonization do we need for Europe (minimum standard)?

## Former Studies

From the experts perspective:

International Comparison of PE  
(Pühse & Gerber , 2005)

L'EPS dans l'Union Européenne  
(Klein & Hardman, 2007 )

## EUPEA Survey

Data from 21 countries (22 associations, 2 from Belgium – Dutch and French speaking) members of EUPEA were gathered through a mixed open/closed questionnaire divided in two parts: the first part was related with the present and real situation of PE in each country, and the second part was about what each country would like PE to be in Europe

## informants

Belgium I

Belgium II

Bosnia & Herzegovina

Croatia

Cyprus

Czech Republic

Denmark

Finland

France

Germany

Italy

Latvia

Luxembourg

Netherlands

Poland

Portugal

Romania

Serbia

Slovenia

Sweden

Switzerland

United Kingdom

## PE & SS in Europe

Two dimensions:

School Organization, PE & SS

PE & SS School Curriculum

## PE & SS in Europe

### School Organization, PE & SS

Compulsory School Levels  
Week allocated time  
Student per Class  
Subject name  
Number of weeks lessons  
Teaching Responsible  
Resources

## PE & SS in Europe

### PE & SS School Curriculum

Programs/Syllabus  
Assessment  
Extra-curricular activities

## PE & SS in Europe

### Programs/Syllabus

Responsible  
Generalization  
Compulsory School Levels  
Main Goals  
Contents (Core & Alternative)  
Teacher level of education

## PE & SS in Europe

### PE Assessment

Compulsorily  
Assessment status  
Main parameters  
Student participation  
Success indicators

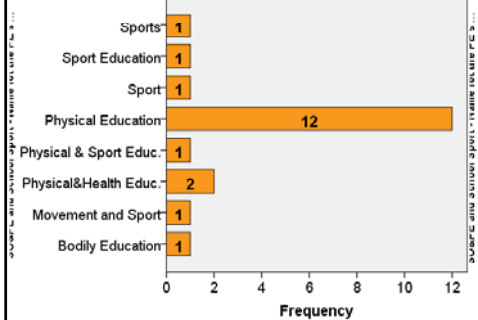
## PE & SS in Europe

### Extra Curricular Physical Activity

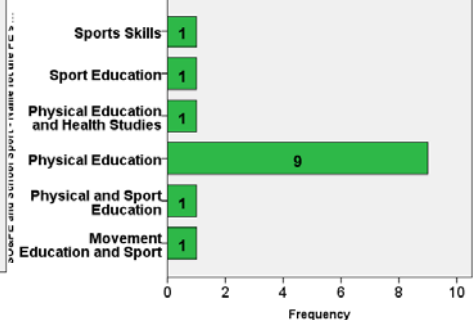
- Designation
- Allocated time
- Time per session
- Compulsorily
- Regularity
- Relationship with PE
- Responsible
- Responsible level of Training
- Fees

### School Organization, PE & SS Subject designation

Name for the PE's subject - In Countries - High School



Name for the PE's subject - For Europe - High School



The designation “PE” seems to represent the most use and desirable term. Moreover, it is clear that some countries have an educational model that relates to “Sport”. In general, people wants to remain on this designations

### School Organization, PE & SS Compulsory Levels

School Level Country	Kindergarten		Primary school		Middle school		High school	
	C	E	C	E	C	E	C	E
Belgium	Yes	—	Yes	—	Yes	—	Yes	—
Belgium II	No	—	Yes	—	Yes	—	Yes	—
Bosnia & Herzegovina	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Croatia	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Cyprus	—	—	—	—	—	—	—	—
Czech Republic	Yes	—	Yes	—	Yes	—	Yes	—
Denmark	No	No	Yes	Yes	Yes	Yes	Yes	Yes
Finland	No	No	Yes	Yes	Yes	Yes	Yes	Yes
France	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Germany	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Italy	Yes	—	Yes	—	Yes	—	Yes	—
Latvia	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Luxembourg	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes

## School Organization, PE & SS Compulsory Levels

School Level	Kindergarten		Primary school		Middle school		High school	
	C	E	C	E	C	E	C	E
<b>Country</b>								
Netherlands	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Poland	No	—	Yes	—	Yes	—	Yes	—
Portugal	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Romania	—	—	—	—	—	—	—	—
Serbia	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Slovenia	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Sweden	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Switzerland	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes
United Kingdom	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes

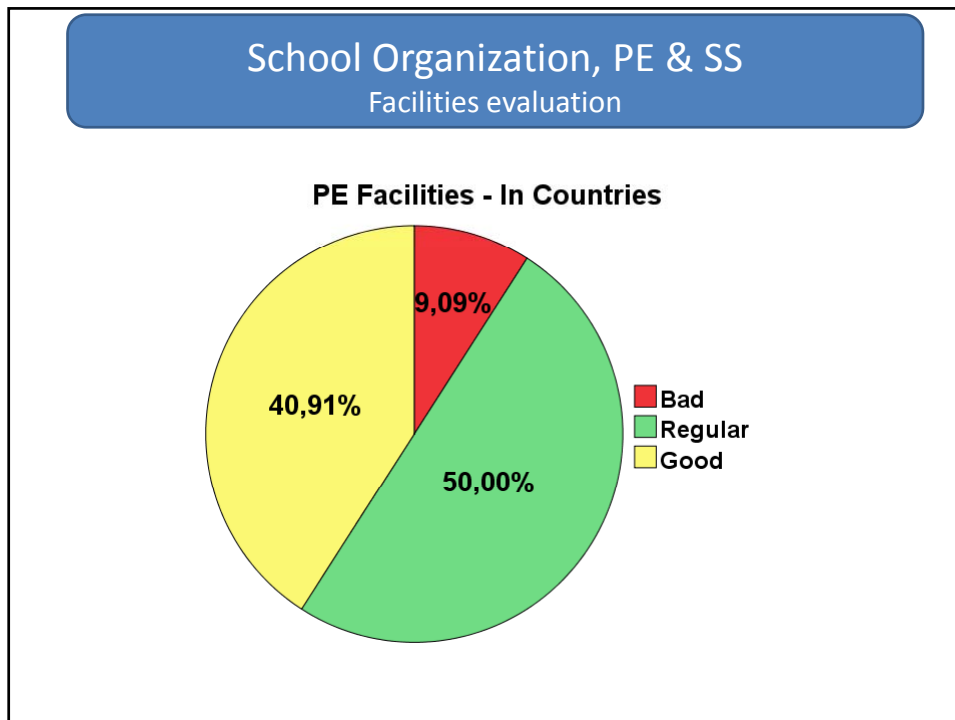
PE is compulsory for all the schools levels in the majority of the countries. All the respondents desire to maintain this status as reference for Europe.

Some countries that don't have PE in kindergarten desire to preserve this situation, but some others don't

## School Organization, PE & SS Allocated Time

	N	Minimum	Maximum	Mean
Kindergarden	17	0	5	2,382
Kindergarden	16	2	6	4,406
Elementary S.	19	1,5	3	2,395
Elementary S.	19	3	5	4,105
Middle S.	21	2	4	2,619
Middle S.	19	3	5	3,737
High School	21	1	4	2,252
High School	19	2	5	3,421
PE In European Countries				
PE Minimum European Curriculum				

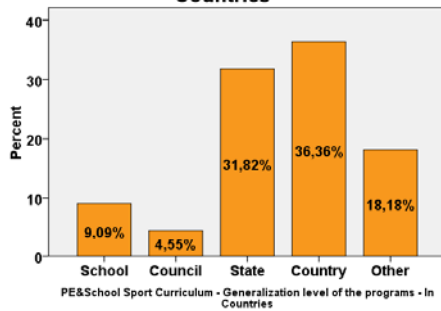
Ranging from 0 to 5 hours per week, the mean for PE allocated time is around 2 hours for all levels. It grows from the bottom to the top levels. In general, there is a desire to improve it to at least 3 hours per week



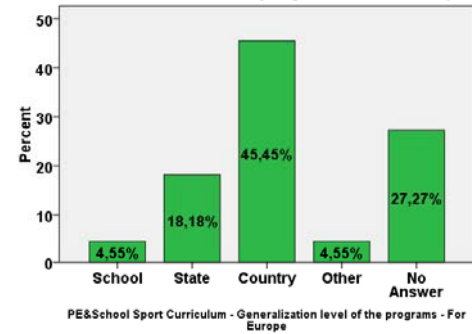
Relating to the quality of the facilities, three clusters were found. One cluster, that testifies the goodness of the facilities is represented by Nordic countries. Another one is constituted by the majority of countries from different parts of Europe, classified by having regular facilities. Finally, there are 2 countries that perceive the facilities as bad.

## PE & SS School Curriculum Level of Syllabus Generalization

Generalization level of the programs - In Countries



Generalization level of the programs - For Europe



The generalization level of the programs/syllabus are mostly regional or national. Almost an half of the inquiries desire to harmonize it at a national level

PE & SS School Curriculum				
Syllabus Main Contents				
	Kindergarten	Elementary School	Middle School	High School
In Countries	Fundamental Skills Traditional Games Dance Gymnastic	Fundamental Skills Gymnastic Games Traditional Games	Athletic Game Fundamental Skills	Games Athletics Gymnastic
For Europe	Fundamental Skills Dance Combat Gymnastic Traditional Games	Fundamental Skills Swimming Game Gymnastic	Game Athletics Gymnastic	Games Dance Gymnastic

In general, the number of contents delivered is reduced from the low school levels to the higher ones. Gymnastic, Athletics and Games seems to represent what is mainly delivered in the majority of the countries and also what respondents intend to state for a European curriculum

## PE & SS School Curriculum Syllabus main important aims

	In Countries (%)		For Europe (%)	
	THE MOST IMPORTANT	THE LESS IMPORTANT	THE MOST IMPORTANT	THE LESS IMPORTANT
Recreation	9,1	40,9	9,1	22,7
Exercise and Health	54,5	0	50	0
Learning PA	40,9	0	36,4	0
Sport Competition	4,5	45,5	4,5	54,5
Social and Personal Development	27,3	4,5	22,7	0

To promote “Exercise and health” and the “Learning of the physical activities” are clearly the main actual aims stated for PE in each country, and proposed for an European PE curriculum. “Sportivist” and “Recreational” orientations are the less desire

### PE & SS School Curriculum Teacher Training Level

Country	Country	Europe
Belgium	Master	_____
Belgium II	Master	_____
Bosnia & Herzegovina	Bachelor	Bachelor
Croatia	Bachelor	Bachelor
Cyprus	Bachelor	Bachelor
Czech Republic	Master	_____
Denmark	_____	_____
Finland	_____	_____
France	Bachelor	Master
Germany	Bachelor	Master
Italy	Master	_____
Latvia	Bachelor	Bachelor
Luxembourg	Bachelor	Bachelor
Netherlands	Bachelor	Bachelor
Poland	Bachelor	Bachelor

### PE & SS School Curriculum Teacher Training Level


Country	Country	Europe
Portugal	Master	Master
Romania	Bachelor	Master
Serbia	Master	Master
Slovenia	Master	Master
Sweden	Bachelor	Other
Switzerland	Master	Master
United Kingdom	Bachelor	Bachelor

Compulsory Teacher Training in the majority of the countries is Bachelor. There a lot of countries that ask for Master degree. Generally, the countries would like to maintain the status that already exists

## General Conclusions


We have know a better knowledge about what are the perceptions of PE Associations about PE and SS curricular development

It seems to exist an significant agreement about important aspects of this process, and some conditions to discuss a proposal to harmonize it at the European level

  
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# Thank you for your attention!

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