

The Flexible PE teacher in Flanders

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Leen Van Looy (Stichting Vlaamse Schoolsport)



The Flexible PE teacher in Flanders

- What is a flexible teacher
- Open School with sports offer
- Practical examples:
 - 'Sports after School'
 - 'Sport Snacks'



The Flexible PE teacher **in Flanders**

- a teacher of physical education with a “**flexible**” halftime job
- jobs created by the Ministry of Sports in order to promote sports-participation of students
- wages and working costs are paid for by BLOSO
- Bloso and SVS have appointed 22 of these ‘flexible’ teachers to coordinate the cooperation between clubs, schools and municipality or city.



Welcome in Belgium/Flanders



- ✓ Belgian population: \pm 10,5 million
- ✓ Flemish population: \pm 6 million
- ✓ 5 regions (Provinces) 308 communities (Local authorities)

Open school with sports offer

Mission

“Open school with sports offer” has a triple mission :

- ✓ establish a network between **local schools** and **local sports clubs**.
- ✓ offer, stimulate and support after-schoolsport inside and outside school walls.
- ✓ link with education and link health policy.



Open school with sports offer

Strategic aims

Further cooperation (bridge, network) between **schools**, **communities** and **sport clubs**.

Organize and offer more opportunities for good quality after-school sport

Develop initiatives to break down barriers and thus increase the opportunities for worse-off groups

Stimulating kids and young people to adopt a Sports-minded lifestyle.



A new concept for sports after school



for students from 12 to 18 years



In cooperation with
• BLOSO
Flemish Sportsadministration



• SVS
Flemish Schoolsport Foundation



Headlines



- for students of different schools in the same city or region
- SNS-pass
- allows them to participate in a range of different recreational sports activities such as fitness, squash, badminton, dance, kickboxing, swimming, rope skipping, capoeira....
- immediately after school hours
- in the sports accommodation of schools and clubs in the neighbourhood
- unlimited use of the SNS pass
- Low price : 45 euro a year



Goals



- more and durable sports participation
- to get students in contact with the sports facilities and clubs in their region
- to give non-active youngsters the opportunity to try out different sports at their own pace with a minimum of costs
- to take away their initial hesitation
- to give equal opportunities for all students





Organisation

- Inform the headmasters and PE teachers of the schools
- Work out the curriculum:
 1. draw up an inventory of the local sportclubs and available accommodation
 2. try to organise recreational club-lessons or training sessions
 1. negotiate with private fitness- and racket ball-clubs to get a good price
 2. make an agreement with the sports organisation of the city to get free access or a good price for using their sports facilities



Program : set up in function of quality

- certificated teachers
- good accommodation
- variety of different sports suitable for both girls and boys
- recreational activities and life-time sports with the accent on pleasure
- for all activities BLOSO provides a free insurance ('sport +')





Financial Aspect

- the aim is to have a break-even
- the more SNS passes sold, the more money we have to put together the program

Example : - 10 schools in a certain city or region
- total amount of students : 5000
- estimated number of SNS passes sold : 8 % = 400
- 400 passes x 45 euro = 18.000 euro.

wages and working fees are paid by the Flemish sports administration Bloso



Once the program is set up :

- coordinate the promotion in schools for students
- coordinate the sale of the SNS - passes
- interim evaluation





Promotion of the SNS-pass

- PE teachers of the participating schools are the most important persons for the promotion of the SNS-pass : they explain the concept in their PE class and make sure everybody gets information.
- posters and information are delivered at the schools
- Website : www.sportnaschool.be



SPORTSPROMOTION

- over the years the SNS-pass has proved its efficiency
- students enjoy the flexibility , the variety of offer and can live with the price of the SNS-system
- evaluation-forms showed that over 65 % of the SNS-pass holders are no members of a sports-or fitness-club
- students use their SNS-passes on an average of once a week
- most of them practised absolutely no sports at until they got their SNS pass
- thanks to SNS some of them have found a sport they like and are now member of a sports club





Sportief Naschools-actieve Kids

Sports snacks
(Sports-minded kids engaging
in after-school sport)
for primary school kids



Sportief Naschools-actieve Kids

What?

1 extra hour of exercise for alle primary school kids

- immediately after school hours
- at school
- omnisports offer made to measure
- mostly organized per grade
- for kids in child care and all other kids of the school



brede school
met sportaanbod



Sportief Naschools-actieve Kids

Why ?

- meet the need for exercise of society and at school
- need for more exercise among many children
- at parents request
- but also preventive health care, sports sector, education, welfare
- extending after-school child care
- putting children in touch with the local sports offer



brede school
met sportaanbod




Sportief Naschools-actieve Kids

Who ?

- the school
- possible cooperation with various schools
- child care
- possible cooperation with local sports clubs/community sport
- possible direction by communities: education–welfare – sport
- importance of wide public support



brede school met sportaanbod




Sportief Naschools-actieve Kids

Examples

	1° grade	2° grade	3° grade	4° grade	5° en 6° grade
Monday	Reuzepas teacher 15u20 – 16u20 school	Bosschool Stijn 15u20 – 16u20 school	Bosschool Stijn 16u20 – 17u20 school	De toekomst clubcoach 16u25 – 17u25 school	De toekomst clubcoach 16u40 – 17u40 sporthal
Tuesday	De pijl teacher 15u35 – 16u35 school	Reuzepas Stijn 15u20 – 16u20 school	Reuzepas Stijn 16u20 – 17u20 school	Bosschool clubcoach 15u30 – 16u30 school	Bosschool clubcoach 16u20 – 17u20 sporthal
Thursday	De toekomst teacher 15u35 – 16u35 school	De pijl Stijn 15u35 – 16u35 school	De pijl Stijn 16u35 – 17u35 school	Reuzepas clubcoach 15u20 – 16u20 school	Reuzepas clubcoach 16u30 – 17u30 sporthal
Friday	Bosschool teacher 15u30 – 16u30 school	De toekomst Stijn 15u25 – 16u25 school	De toekomst Stijn 16u25 – 17u25 school	De pijl clubcoach 15u35 – 16u35 school	De pijl Clubcoach 16u50 – 17u50 sporthal

brede school met sportaanbod





Sportief Naschools-actieve Kids

Teacher

- finding suitable teachers is the main task
 - school teacher (preferably)
 - combined job : teacher - in de community / sports club

Accommodation

- preferably the school because of transport /free
- could be the sports hall/pool/...certainly for the 3rd grade (travel in group by bicycle)

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met sportaanbod



Sportief Naschools-actieve Kids

Finances

- maintain the tariff of child care (at least 1,50 euro per lesson)
- no competition with existing child care
- with periodical registration system
- aim for self-supporting payment of the teacher (15 pupils x 1,50 euro = 22.50 euro)
- insurance for pupils : school insurance
- insurance for teachers : various possibilities
- compensation for parents : - tax certificate
- reimbursement by national health service



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Sportief Naschools-actieve Kids

Guidance

- By Follo/SVS coach :
 - maintaining or extending existing initiatives
 - support in 1 school
 - cooperation between several partners
- Through online information : [www.sportsnack .be](http://www.sportsnack.be)
 - examples - of various models
 - of administrative matters/forms



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Sportief Naschools-actieve Kids

Finally conclusions

Key concepts

- COOPERATION
- INNOVATION AND CREATIVITY
- QUALITY
- CREATING NEW OPPORTUNITIES

